

Meet & Magnetize Men 2020 Ground Rules - DRAFT

RESPECT OUR COMMITMENT TO MAKING THEE PROGRAM & CALLS FUN AND PRODUCTIVE.

We adopt these ground rules as our shared commitment to doing great work during our calls, on our own and in the private FB Group.

Agree to a shared commitment to show up (mind, body, spirit) to calls, heart work, accountability buddy.

These are our rules; we can and will change the rules together if we feel there is a better way.

Everyone is responsible for enforcing the ground rules. Notice when we have strayed, and speak up.

RESPECT EVERYONE'S TIME.

Be on time, Start on time, end on time.

Commit to attending all six calls - live or recorded - each week and set aside time for the heart work weekly.

Communicate in plenty of time about any times that need to change.

Share the time; do not monopolize the discussion or rob others of the time they need to share their perspective.

RESPECT THE WORK OF THE MEMBERS, CALLS, HEART WORK & PROGRAM.

Know the call's. Heart work's, FB Group's purpose and desired outcomes. If this is unclear, ask.

I lead with learning, Q&A and FB Group we all share/ask, speak up if usually quiet, give space if usually first to speak. Any questions left unanswered will either be tabled or answered in the FB Group.

Come prepared and ready to engage without outside distraction.

Document clear commitments then follow-through; walk your talk.

RESPECT EACH OTHER AS HUMAN.

Assume best intentions, but do not assume anything else. Ask questions to better understand anything that is unclear or troubling.

Listen when others speak. Remember that no one has all the information, and don't interrupt.

Share your views and concerns in the calls/FB Group. Show each other courage and respect by having the tough conversations that need to be had directly. Stretch into vulnerability. We practice here with each other!

Treat each other with kindness and tolerance first. We all have tricky days when we aren't at our best. You will appreciate this tolerance when that tricky day is yours.

Take care of yourself. If you need to take a quick break, do it. The group values your participation, so do what you need to do so you can devote your full attention.

Have FUN!